

MINISTRY OF RECONCILIATION
A NEW DIMENSION

**21 DAY
DANIEL FAST**
JANUARY 2026



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Word for the Year 2026

“FAITH OPERATING WITH GOD’S MANIFESTATION”

1 John 5:4 (AMP)

REVIVAL – A FRESH NEW OUTPOURING OF THE HOLY SPIRIT

Our Objective: REVIVAL, FRESH FIRE, RESTORATION, IN OUR PERSONAL LIFE, FAMILY, CHURCH, COMMUNITY, CITY, AND NATIONS!

For everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world - our [continuing, persistent] faith [in Jesus the Son of God]. 1 John 5:4 (AMP).

Now faith is the assurance (the confirmation, [a]the title deed) of the things [we] hope for, being the proof of things [we] do not see and the conviction of their reality [faith perceiving as real fact what is not revealed to the senses]. Hebrews 11:1 (AMPC)

[Besides this evidence] it was also established and plainly endorsed by God, Who showed His approval of it by signs and wonders and various miraculous manifestations of [His] power and by imparting the gifts of the Holy Spirit [to the believers] according to His own will. Hebrews 2:4 (AMPC)



WHY WE FAST



Fasting is a principle that God intended for everyone to be able to enjoy. It's not a punishment; it's a privilege! By making fasting a way of life, you can get closer to God and grow in your spiritual walk like never before. Fasting is one of the most powerful weapons God has given us for our daily lives. Through fasting, you can experience a release from the bondage of sin... restoration in your relationships... financial blessings... spiritual renewal.

CHURCH VISION

To wit that God was in Christ Reconciling the World
Unto Himself not imputing their trespasses unto them
and has committed us the Word of Reconciliation.

Reconciling The World Unto God
Reaching People Changing Lives
Fulfilling the Great Commission of God

Mark 16:15-18

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MEDITATION READINGS

“FAITH OPERATING WITH GOD’S MANIFESTATION”

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1 John 5:4 (AMP).

DAY	READINGS
JAN 5	Make A New Commitment. Read Galatians 2:20 KJV
JAN 6	Ask the Holy Spirit to reveal anything that is in your life that does not please God. Read 2 Chronicles Chapter 7. AMPC, Psalms Chapter 139, and 1 Corinthians 2:10-12 AMPC
JAN 7	Seek forgiveness from all whom you have offended, and forgive all who have hurt you. Most of all receive forgiveness from GOD! When you forgive, God will forgive you! Read Psalms Chapter 51, Ephesians Chapter 5 and 1 John 1:9.
JAN 8	Examine your motives in every word and deed: Ask the Lord to search and cleanse your heart daily. Read Isaiah Chapter 58 and Colossians Chapter 3.
JAN 9	Ask the Holy Spirit to guard your walk against complacency and mediocrity: Read Romans Chapters 8 AMPC, and Jude Chapter 1 AMPC.
JAN 10	Surrendering your life to Jesus Christ as your Lord and Savior: Develop total dependence on HIM with total submission, and humility. Read Acts Chapter 1 and Romans Chapter 12.
JAN 11	Walk in the Newness of LIFE: Read Acts Chapters 2, and 2 Corinthians Chapter 5.
JAN 12	Meditate on the Attributes of God: HIS Love, Sovereignty, Power, Wisdom, Faithfulness, Grace, Holiness, Righteousness, Mercy, etc. Read Acts Chapters 3 & 4, and Proverbs Chapter 8.
JAN 13	Blessed are they that Hunger and thirst after righteousness: Read Acts Chapters 5 & 6.
JAN 14	Fellowship Daily with The Holy Spirit: Read Acts Chapters 7 & 8, and Romans Chapter 8.
JAN 15	Appropriate the continual fullness and control of the Holy Spirit by Faith: Read Acts Chapters 9 & 10, and Galatians Chapter 5 AMPC.
JAN 16	Love God with all of your heart, soul, mind, and strength: Read Matthew 22, and Acts Chapters 11 & 12.
JAN 17	Health, Healing & Wholeness: Read Psalms 103:1-7, Psalms 107:20, Jeremiah 30:17, and Acts Chapters 13 & 14.
JAN 18	Prayer: Pray without ceasing. Read 1 Thessalonians Chapter 5, Acts Chapters 15 & 16, John 14:6, and Philippians Chapter 4.
JAN 19	Fast and Pray Daily: Personal Revival, Revive us again LORD. Read Psalms 85:6, Joel Chapter 2:12-31 AMPC, Matthew Chapter 4 and Acts Chapters 17 & 18.
JAN 20	Praying and Interceding for the Lost: Reaching People, and Changing Lives. Read Luke 14:15-24, Matthew 9:37-38, Mark 16:15-18, and Acts Chapters 19 & 20.
JAN 21	Determine to live a holy, godly life of Obedience and Faith: Read Acts Chapters 21 & 22, 1 Corinthians 6:19-20 AMPC, and 1 Peter Chapter 2.
JAN 22	Faithfulness: Read Acts Chapters 23 & 24, Matthew 25:23, and Hebrews Chapter 11.
JAN 23	Unity In The Body: Read John Chapter 17, Ephesians Chapter 4 and Acts Chapters 25 & 26.
JAN 24	Expect A New Supernatural Impartation From The Holy Spirit: Read Acts Chapter 27 and John Chapter 16 AMPC, and 1Corinthians Chapter 12.
JAN 25	Expect Answers to your Prayers: Believe and Receive! Read Mark Chapter 11, Acts Chapter 28, and 1 John Chapter 5.
JAN 26	Praise and give thanks to God continually all the time, regardless of your circumstances: Read Psalms 100:1-5 TPT, Psalms 9:1-2, and 1 Thessalonians 5:16-18 AMPC .

Words and Revelations From God

January 2026 Daniel Fast

Use these pages for notes, words or revelations from the holy spirit, blessings, answered prayers, or anything else you've received during your time of fasting and praying.

DANIEL FAST FOOD AND DRINK LIST

All Whole Grains

(Fresh, Frozen, Dried, or Canned)

Brown Rice	Oats	Barley
Buckwheat	Bulger	Corn
Grits	Millet	Quinoa
Popcorn	Whole Wheat	Wild Rice

Legumes

(Fresh, Frozen, Dried, or Canned)

Black Beans	Black Eyed Peas	Chickpeas
Peas	Cannellini Beans	Dried Beans
Lentils	Kidney Beans	Pinto Beans
Split Peas	White Beans	

Fruits

(Fresh, Frozen, Dried, or Canned)

Apples	Apricots	Bananas
Blackberries	Blueberries	Boysenberries
Cherries	Cranberries	Dates
Figs	Grapes	Grapefruit
Guava	Kiwi	Lemons
Limes	Mangoes	Melons
Nectarines	Oranges	Papayas
Peaches	Pears	Pineapples
Plums	Prunes	Raisins
Raspberries	Strawberries	Tangelos
Tangerines	Watermelon	

Vegetables

(Fresh, Frozen, Dried, or Canned)

Artichokes	Eggplant	Peppers
Asparagus	Garden Cress	Potatoes
Beans	Garlic	Radishes
Bean Sprouts	Ginger Root	Rutabagas
Beets	Jicama	Spinach
Broccoli	Kale	Sweet Potatoes
Brussel Sprouts	Leeks	Tomatoes
Cabbage	Lettuce	Turnips
Carrots	Mushrooms	Turnip Greens
Cauliflower	Okra	Zucchini
Celery	Onions	Veggie Burgers
Corn	Parsnips	
Edamame	Peas	

Others

Liquid Oils: Canola, Corn, Grape Seed, Olive, Peanut, Safflower, Soybean, Sunflower

Nuts & Seeds: Almonds, Brazil nuts, Cashews, Filberts, Peanuts, Pecans, Pumpkin Seeds, Sesame Seeds. Sunflower Seeds, Walnuts & Nut Butters

Liquids: Water, 100% All-Natural Fruit Juices, & 100% All-Natural Vegetable Juices

Foods to Avoid

All Meat & Animal Products
(beef, lamb, pork, poultry, & fish)

All Dairy Products
(Milk, cheese, cream, butter, and eggs)

White Rice
Fried Foods
Caffeine
Carbonated Drinks

Food Containing Preservatives or Additives

Refines Sugar and Sugar Substitutes

White flour and all products using flour

Margarine, Shortening, & High-Fat Products

Other Things to Avoid

Negative Words Social Media TV